

For further information to help you navigate Pennsylvania's Children's Mental Health system:

If you have internet access:

- Value Behavioral Health-PA website [www.vbh-pa.com](http://www.vbh-pa.com) under members (Parent tool kit)

Or if you prefer:

- CD that has all of the information listed below

Or you may request the following documents by completing this form (marking the boxes) and mailing it to the address listed at the bottom of this page:

- County Provider Directory ( specify county \_\_\_\_\_ )
- Value Behavioral Health Member Handbook ( specify county \_\_\_\_\_ )
- How Do I Get Help with a HealthChoices Complaint (brochure)
- How Do I Get Help with a HealthChoices Grievance (brochure)
- ACT 62 Frequently Asked Questions
- Visit with a Psychiatrist (pamphlet)
- What is a Functional Behavioral Assessment Frequently Asked Questions
- Helping Children and Youth with Serious MH Needs: Systems of Care (hard copy only)
- Pennsylvania's Children and Adolescent Service System Program Core Principles (CASSP Principles)
- Description of Services available to HealthChoices Children and Adolescents (handout)
- What if My Child's Services Are Not Authorized? (tip sheet)
- What's Your Opinion Of HealthChoices Services (brochure)
- VBH-PA' s Family Advisory Committee Brochure
- VBH-PA' s Recovery and Resiliency Specialist Brochure
- Treatment of Children with Mental Illness (NIMH Frequently Asked Questions)
- Getting An Accurate Diagnosis for Your Child: 10 Steps for Families (NAMI handout)
- Other: (please be specific with your request) \_\_\_\_\_

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Your Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

County: \_\_\_\_\_

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Mail your request to: Value Behavioral Health of PA      Attention: Prevention, Education, and Outreach Department  
520 Pleasant Valley Road  
Trafford, PA 15085

If you have questions, please contact VBH-PA by dialing your county's toll-free number found in this guide and ask to speak to someone in the PE&O Department.