

Good Parenting



Brought to you by ValueOptions

Parenting

Being a good parent is probably the most joyful job you will ever have, and the hardest. Being a good parent takes time, attention, patience, and strength. But most of all, it takes love.

Teach Appropriate behavior

- Set clear, easy to understand rules for children to follow.
- Make sure your child understands the rules and why following your rules is important.
- Discipline with love. The difference between discipline and punishment is that discipline teaches your child to do the right thing. Punishment is a penalty for doing something wrong.
- Be consistent when you discipline your child. For example, don't tell your child they're not allowed to do something today and then let them do it tomorrow.

Teach social skills

- Let children learn that helping others can make them feel good too.
- Teach your child it is important to have good manners, to share, to listen, to respect others' needs, opinions, and differences.

Encourage Independence

- Let your child try new things that are right for his/her age and experience.
- Give your child safe places for him/her to explore and discover.

Call or visit ValueOptions today: **(877) 615-8503**



TTY - (877) 615-8502

www.vbh-pa.com

