

Hyperactive Children



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What Is Hyperactivity?

Three to five percent of school kids have Attention Deficit-Hyperactivity Disorder, or ADHD. Your child may have ADHD if he/she:

- is often very active (never seems to sit still) and runs around a lot;
- always has a hard time following rules;
- doesn't do as well as he/she could in school and can't seem to focus on his/her school work;
- gets into trouble a lot with his/her teachers and with other kids; and/or
- does the opposite of what he/she is told to do.

Not all children with ADHD have all of these signs, and not all children who have some of these signs have ADHD.

If your child has these symptoms often, he/she may have ADHD. It's very important to have your child tested by a professional. Your school will know how to get your child tested.

Treatment

Your child may need special medicine to treat ADHD. Tests have shown that medicine works well for ADHD children. Your doctor can answer your questions about the medicine your child might need.

Working With Your Child

Your child's school can do things that help him/her learn in ways that work. Talk to your child's school counselor about what the school can do. The most important thing you can do is learn all you can about ADHD.

Understanding your child's illness will help you think of ways to make sure your child grows up to be the best he/she can be.

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