

Tips for Taking Mental Health Prescriptions



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1. Before you or your family member gets and prescription, tell your doctor if you or your family member is pregnant, planning to get pregnant, nursing, on any other drugs, or have any health problems.
2. Work closely with your physician and pharmacist. Always keep your appointments. Follow dosage instructions. Ask questions.
3. People should never take prescriptions with alcohol or any other drugs - even over the counter drugs - without a doctor's okay.
4. It's important not to drive or use machinery while taking prescription medication unless you have your doctor's okay.
5. Ask your doctor what to do if a dose is missed. Two doses at a time should never be taken or given unless you have your doctor's okay.
6. Always be alert for side effects and report them to your doctor.
7. Store prescriptions in a cool, dry place - away from children or pets. Never share your medicines with another person.
8. Be patient. Remember that many side effects go away in a few weeks. It may take a few weeks before you or a family member begins to feel better, too.
9. Follow your doctor's orders for when and how to stop taking medicines. Never stop on your own.

Do you or your family member need help for a mental health or substance abuse problem?

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