

Women and Depression

January 13, 2010
9 – 11 a.m.
Course Code: T233

Presenter:

Jennifer Barkin, PhD

Post Doctoral Scholar
 Psychiatric Epidemiology Training Program
 Western Psychiatric Institute and Clinic of UPMC

Chiara Ghetti, MD

Assistant Professor of Obstetrics, Gynecology, and
 Reproductive Medicine
 University of Pittsburgh School of Medicine

Michele Okun, PhD

Assistant Professor of Psychiatry
 University of Pittsburgh School of Medicine

Dorothy Sit, MD

Assistant Professor of Psychiatry
 University of Pittsburgh School of Medicine
 Western Psychiatric Institute and Clinic of UPMC

Program Description:

This program is designed to provide information on depression in women, including a risk benefit model to evaluate treatments for depression and bipolar disorder during pregnancy and postpartum; outcomes data from drug exposures in pregnancy and postpartum; novel treatments for bipolar disorder; and maternal function in women with postpartum depression.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- examine the risks and complications of untreated maternal depression
- identify women with depression risk during pregnancy and postpartum using screening tools like the Edinburgh Postnatal Depression Scale (EPDS)
- assess maternal function in depressed pregnant or postpartum mothers
- explain the five domains of reproductive toxicity risks related to pregnancy exposures to untreated depression versus treatments for depression or bipolar disorder
- acquire knowledge about drug and non-drug treatment options for maternal depression and bipolar disorder

Target Audience:

Psychiatrists, psychologists, social workers, nurses, and other mental health professionals who work with women with depression and their families

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other health care professionals are awarded 0.2 continuing education units (CEUs) which are equal to 2.0 contact hours.

Tuition:

This program is free of charge.

To register, go to <https://www.valueoptions.com/forumRegistration/displayForumInfo.do> and select Pennsylvania from the State dropdown list.

Registration information: Kimberly Tzoulis (724) 744-6377 or Kimberly.Tzoulis@ValueOptions.com

Attention-Deficit/Hyperactivity Disorder (ADHD) across the Lifespan

January 27, 2010
9 – 11 a.m.
Course Code: T234

Presenter:

Oscar Bukstein, MD, MPH
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic of UPMC

Program Description:

This program will provide information concerning attention-deficit/hyperactivity disorder (ADHD) throughout the life cycle including the etiology, course, and prevalence of ADHD; the optimal use of standard scales and other tools to make a diagnosis of ADHD; and using stimulant and other medications, including the newest pharmacologic agents, to control the core symptoms of ADHD while minimizing risk and adverse effects.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- examine the etiology, course, and prevalence of ADHD
- identify standard scales and other tools to make a diagnosis of attention-deficit/hyperactivity disorder (ADHD) throughout the life cycle
- describe stimulant and other medications, including the newest pharmacologic agents, to control the core symptoms of ADHD while minimizing risk and adverse effects

Target Audience:

All clinical and research professionals, students, and trainees, as well as interested family members and consumers

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

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Tuition:

This program is free of charge.

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Treating Personality and Substance Use Disorders

February 10, 2010
9 – 11 a.m.
Course Code: T235

Presenters:

Frances Campbell, APRN BC, MEd, CARN
Program Director
Center for Psychiatric and Chemical Dependency
Services
Western Psychiatric Institute and Clinic of UPMC

Thomas M. Kelly, PhD
Program Director
Adolescent Dual Diagnosis Program
Addiction Medicine Services
Associate Professor of Psychiatry
Western Psychiatric Institute and Clinic of UPMC

Program Description:

Co-occurring substance use disorders (SUDs) and personality disorders are common among individuals seeking help in either a psychiatric or addiction setting. Over half of those with a SUD have a personality disorder. Among those with antisocial personality disorders, 84 percent have co-occurring SUDs; 67 percent of those with borderline disorders have a SUD. This combination of disorders creates challenges for professional caregivers. This workshop will help participants increase their understanding and skill in working with clients who have these disorders.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- review the prevalence of co-occurring personality disorders and addiction
- examine relationships between these co-occurring disorders
- identify problems commonly associated with these co-occurring disorders
- discuss clinical strategies to facilitate recovery of clients with personality disorders and SUDs

Target Audience:

This program is directed toward clinicians and other professionals from both the mental health and substance abuse treatment fields who work with individuals with co-occurring disorders.

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

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Tuition:

This program is free of charge.

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Psychopharmacology of Bipolar Disorder in Children, Adolescents, Adults, and the Elderly

February 24, 2010
9 – 11 a.m.
Course Code: T236

Presenter:

David Axelson, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Director, Child and Adolescent Bipolar Services
Western Psychiatric Institute and Clinic of UPMC

Edward Friedman, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Psychiatric Adult Services
Western Psychiatric Institute and Clinic of UPMC

Ariel Gildengers, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Psychiatry
Western Psychiatric Institute and Clinic of UPMC

Program Description:

Individuals who have bipolar disorders may be on a variety of medications. This program will review medications and other areas of treatment that are commonly used to treat bipolar disorders over the lifespan of the individual. Participants will also learn about medication issues as they relate to children, adolescents, adults, and the elderly.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- identify issues related to medication use in children, adolescents, adults, and the elderly with bipolar disorder
- review medications used to treat bipolar disorder across the lifespan
- describe some potential side effects that may occur during treatment

Target Audience:

Psychiatrists, psychologists, social workers, nurses, and other mental health professionals who work with individuals with bipolar disorder and their families

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

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Tuition:

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Autism in all Phases of Life

March 10, 2010
9 – 11 a.m.
Course Code: T237

Presenters:

Ryan Cramer, LSW

Clinical Coordinator, ASERT Regional Autism Center
Center for Autism and Developmental Disorders
Western Psychiatric Institute and Clinic of UPMC

Ginger Martin, PsyD

Psychologist
Center for Autism and Developmental Disorders
Western Psychiatric Institute and Clinic of UPMC

Program Description:

This program will provide a review of the diagnostic criteria for autism spectrum disorder as well as an overview of the specific diagnostic assessments and protocols used. In addition, this presentation will provide an overview of the needed supports and interventions for both children and adults with autism spectrum disorder as well as their families.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- review diagnostic criteria for autism spectrum disorders
- describe screening tools and diagnostic tools for autism spectrum disorders, including the ADOS
- examine best practice treatments and interventions for communication deficits, social skill deficits, and behavioral challenges in children and adults with autism
- identify statewide efforts to enhance supports for individuals with autism and their families

Target Audience:

Psychiatrists, psychologists, social workers, nurses, and other mental health professionals who work with individuals with autism and their families

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

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Tuition:

This program is free of charge.

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Registration information: Kimberly Tzoulis (724) 744-6377 or Kimberly.Tzoulis@ValueOptions.com

Interaction between Physical Illness and Mental Illness in the Elderly

March 24, 2010
9 – 11 a.m.
Course Code: T238

Presenters:

LalithKumar K. Solai, MD (Coordinator)
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Geriatric Psychiatry Service
Western Psychiatric Institute and Clinic of UPMC

Additional faculty to be announced

Program Description:

This videoconference will examine the interaction between physical illness in the elderly and mental illness. Discussion will center on health risks often associated with mental illness and will demonstrate how addressing these health problems can improve an elderly individual's mental health symptoms. Strategies that professionals and families can use to address physical health issues for the elderly with mental illness will be described.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- describe the serious physical health risks experienced by elderly individuals with mental illness
- demonstrate how addressing physical health issues can positively affect mental illness
- provide strategies mental health care workers, consumers, and family members can implement to address physical health issues for the elderly individual with mental illness

Target Audience:

Psychiatrists, psychologists, social workers, nurses, and other mental health professionals who work with elderly individuals with physical and mental illness and their families

Continuing Education Credits:

ACT 48 – 2.0	CAC – 2.0	CME – 2.0
CPRP – 2.0	NBCC – 2.0	PCHA – 2.0
Psychologist – 2.0	SW – 2.0	General CEU – 0.2

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Tuition:

This program is free of charge.

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Registration information: Kimberly Tzoulis (724) 744-6377 or Kimberly.Tzoulis@ValueOptions.com

Continuing Education Credit

Each program is offered for the designated number of continuing education credits

PHYSICIANS: CME

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EDUCATORS: ACT 48

Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines.

CERTIFIED ADDICTION COUNSELORS: CAC

Western Psychiatric Institute and Clinic, Office of Education and Regional Programming is certified by the Pennsylvania Chemical Abuse Certification Board (PCACB) to provide Certified Addiction Counselor (CAC) continuing education credits for those participants attending the entire program.

CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONERS: CPRP

The announced credit hours for each program can be applied to your training hours for the Certified Psychiatric Rehabilitation Practitioners (CPRP).

COUNSELORS: NBCC

Western Psychiatric Institute and Clinic is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines.

CERTIFICATE OF ANNUAL ADMINISTRATOR TRAINING – PERSONAL CARE HOME ADMINISTRATORS

The indicated number of clock hours are approved by the Department of Public Welfare Bureau of Adult Residential Licensing. These clock hours may count towards the 24 hours of annual training for administrators required in **55 Pa. Code Chapter 2600** (relating to personal care homes).

PSYCHOLOGISTS

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for these programs and their contents. These programs are being offered for 2.0 continuing education credits.

SOCIAL WORKERS: SW

The indicated number of credit hours of continuing education is provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education. These credit hours satisfy requirements for LCSW renewal. For information of social work continuing education, call (412) 624-3711.

MENTAL HEALTH PROFESSIONALS: CEU

Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours.

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In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling (724) 744-6377.