

ValueAdded

This is the 170th issue of our VBH-PA information update. These updates will be emailed to all network providers monthly. Please feel free to share our newsletter with others, and be sure your appropriate clinical and financial staffs receive copies.



Parent-Child Interaction Therapy (PCIT)

Parent-Child Interaction Therapy (PCIT) is a behavioral family intervention for children two to seven years of age with disruptive behavior disorders who are experiencing behavioral, emotional, or family problems and who have an Axis One diagnosis. Identified as a best practice, PCIT integrates concepts from social learning theory, traditional play therapy, and attachment theory to enhance the parent-child relationship, increase children’s pro-social behaviors, and increase parents’ behavior management skills. The program is implemented in two phases. The first phase is the Child Directed Interaction (CDI) phase during which parents develop child-centered interaction skills. The second phase is the Parent-Directed Interaction (PDI) phase during which effective discipline skills are the focus.

Providers who currently offer Parent-Child Interaction Therapy (PCIT) and are contracted with VBH-PA, need to ensure that when they submit claims for this service that the child is listed as the primary client and that the HR modifier is attached to the code.

90832 HR	Individual Therapy Parent-Child Interaction Therapy (PCIT)	30 minutes
90834 HR	Individual Therapy Parent-Child Interaction Therapy (PCIT)	45 minutes
90837 HR	Individual Therapy Parent-Child Interaction Therapy (PCIT)	60 minutes
90847 HR	Family Therapy Parent-Child Interaction Therapy (PCIT)	15 minutes
90853 HR	Group Therapy Parent-Child Interaction Therapy (PCIT)	15 minutes

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Upcoming BHRS & RTF Summits

BHRS SUMMITS

(Your choice of two locations)

August 23 —
Courtyard by Marriott
Greensburg

August 27 —
Hampton Inn & Suites,
Grove City

RTF SUMMITS

December 4 — Four
Points Sheraton North

The Search for Compliance— Provider Webinar Series

The VBH-PA Compliance Department's "Search for Compliance" webinar series continues in August.

Tuesday, August 20, 2013 10:00AM

VBH-PA Audits and Record Requests*

⇒ Reserve your August 20 Webinar seat now at:
<https://www2.gotomeeting.com/register/280591746>

Thursday, August 29, 2013 10:00AM

BHRS Compliance

⇒ Reserve your August 29 Webinar seat now at:
<https://www2.gotomeeting.com/register/485266066>

*See the next page for an article related to the August 20th Webinar.

The August webinars registration email was sent out to the ValueAdded distribution list. Please be sure to register to be on the distribution list at <http://www.vbh-pa.com/providers.htm>. If you did not receive registration emails for these webinars, please send an email to Melissa.Hooks@valueoptions.com and be sure to enter **The Search for Compliance** in the subject line.

Missed a Training? Previous "Search for Compliance" Webinar series presentations can be found on our website (www.vbh-pa.com) on the **Provider Trainings** page under the **Fraud, Waste and Abuse** section.



Compliance and Internal Controls Assessments

To achieve HealthChoices Program Standards and Requirements, VBH-PA will be utilizing two provider assessments when conducting audits and record reviews:

Under the Pennsylvania HealthChoices Program Standards and Requirements, VBH-PA is responsible to monitor and audit providers for compliance and program integrity standards. To achieve these requirements, VBH-PA will be utilizing the following two provider assessments when conducting audits and record reviews:

1. **Compliance Assessment** – Evaluates providers to ensure that providers have implemented an effective compliance programs. This assessment was introduced to providers in 2011. The compliance assessments address the following areas:
 - Written policies and procedures
 - Compliance officer and compliance committee
 - Training and education
 - Effective lines of communication between the compliance officer, board, executive management and staff
 - Internal monitoring and auditing
 - Disciplinary enforcement
 - Mechanisms for responding to detected problems
 - Effective compliance program

2. **Internal Control Assessment** – Evaluates providers to ensure that providers have implemented internal controls to reduce risks related to program integrity. This is a new assessment for 2013. The internal controls assessments address the following provider areas:
 - Provider contract arrangements
 - Organizational chart and staffing
 - Conflicts of interest
 - Covered services and/or service descriptions
 - Patient records
 - Timekeeping and appointment scheduling
 - Verification of eligibility for patients
 - Claims billing and patient statements

Beginning in August 2013, VBH-PA will begin to send the assessments to providers prior to compliance on-site and/ or desk audits. Providers will be expected to complete and submit the assessments with all supporting documentation by the due date. The due date may be prior to the actual audit date.

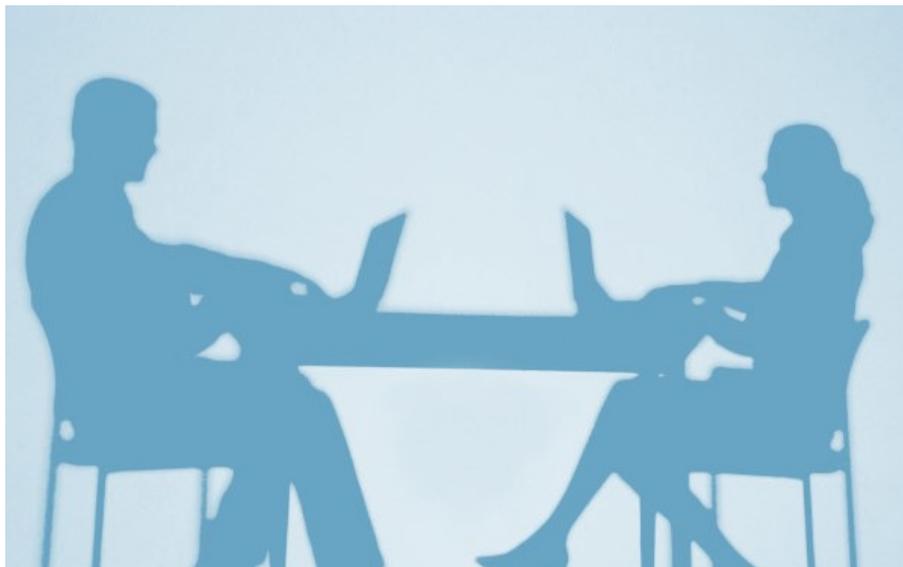
Additional information related to the assessments will be presented at the August 20, 2013, Search for Compliance Webinar. If you have any immediate questions, please contact Melissa Hooks, Director of Compliance, at Melissa.Hooks@valueoptions.com.

WEBSITE UPDATES

Look for this column in our monthly newsletter for information recently posted to www.vbh-pa.com.

Recent updates to www.vbh-pa.com include:

- **Search for Compliance Webinar Presentations**
http://www.vbh-pa.com/provider/prv_trn.htm
- **Peer Support Documentation Audit Tool**
http://www.vbh-pa.com/provider/prv_information.htm#q
- **2013 TAAG Picnic Registration Forms**
<http://www.vbh-pa.com/index.htm>
- **2013 Family Forum Exhibitor Registration and Nomination Forms**
<http://www.vbh-pa.com/index.htm>
- **Fall WPIC Videoconference Series**
http://www.vbh-pa.com/provider/training/2013_Fall_WPIC_Videoconference_Series.pdf



Reminder — Recovery and Resiliency-Based Individualized Treatment Planning Webinars Available Online

VBH-PA's Quality Management Department would like to remind providers of the availability of an online webinar on implementing and improving recovery and resiliency-based treatment planning.

Recovery is a self-determined, personal, and holistic journey on which an individual embarks to heal and grow. It is present when a person lives fully – regardless of the presence or absence of mental illness. The recovery process is facilitated by relationships and environments that offer hope, empowerment, choices, and opportunities which encourage a person to reach his or her fullest potential.

Resiliency refers to the ability of a person to succeed and thrive, despite experiencing poverty, neglect, and other traumas. This concept applies to individuals who are able to bounce back due to "protective factors" that come from the support of a loving family member, special mentor, professional, or the person.

This two-part webinar is designed to provide participants with the knowledge and skills necessary to develop and implement service/treatment plans which are based on the "voice" of the consumer and build upon resiliencies.

The PowerPoint presentations, audio recordings,* and supplemental materials are available on VBH-PA's website, on the [Provider Training](#) page (scroll down to the "Recovery & Resiliency-Based Individualized Treatment Planning" section).

*Please note that the audio recording requires the latest version of Windows Media Player.

Join Us!

2nd Annual “TAAG” Picnic For Transition Age Youth 16—26 years “Under the Boardwalk”

Where: The Woodlands Foundation
134 Shenot Road, Wexford, PA

When: Wednesday, August 14, 2013

Time: Noon to 4:00 p.m.

REGISTRATION

Would you like to attend this year’s Picnic?

[Click here](#) for the Registration Form.

VENDORS

Would you like to exhibit at this year’s Picnic?

[Click here](#) for the Exhibitor Registration Form.

Please contact Karan Steele with any questions at (724) 744-6537 or at karan.steele@valueoptions.com.



Value Behavioral Health of Pennsylvania’s Transition Age Advisory Group “TAAG” For Transition Age Youth 16—26 years (exceptions can be made)

“TAAG” stands for Transition Age Advisory Group. We represent transition-aged individuals who have personal experience with the mental health system and have a desire to share our personal recovery stories to promote wellness, create a voice to inspire others, and understand the youth systems to educate future generations.

If you are interested in joining our group, applications are available for membership. Reimbursement for your time and mileage will be provided. Please contact Karan Steele (724) 744-6537 or email her at karan.steele@valueoptions.com.



“TAAG” members challenge you to get involved — Become a member today!

*Providers,
please post
this
information in
an area
accessible to
your patients.*

Domestic Abuse and How to Get Help

Domestic abuse is a common problem. It occurs when one person uses power and control to harm another person. These people may be married or dating. Abuse can be hitting, kicking, slapping or slamming another person. It can mean keeping a person from medicine or doctors. It can mean controlling their money or where they go. Abuse can also mean calling a person names and playing tricks to confuse them. It can mean controlling what they wear. Children are often abused in homes where there is domestic abuse.

Millions of people experience domestic and dating abuse in this country each year. People may be injured or die from abuse.

A victim also may have:

- Ongoing health problems
- A health care emergency
- No home or job
- Legal problems
- Child safety concerns
- Concern for overall safety

Help is available for domestic violence victims. State domestic violence programs* offer many safe options for adults and teens who are being abused. Options are there for adults who are being abused. Domestic abuse programs offer:

- Help for a victim
- Help for a victim's child
- Teen victim help
- Legal services
- Shelter rooms
- 24-hour phone support

Being a victim of abuse is never a victim's fault. There is free and confidential help ready for those who would like to talk about options.

*The Pennsylvania Coalition Against Domestic Violence (PCADV) has 60 programs in the state that offer safe shelter and other options.

To find the domestic abuse program in Pennsylvania nearest to you visit <http://pcadv.org> and click on Find Help or use the Find Help map on the homepage.

To reach the National Domestic Violence Hotline call 1-800-799-SAFE.
TTY 1-800-787-3224.

To reach the National Teen Dating Violence Hotline call 1-866-331-9474.
TTY 1-866-331-8453. Or text "loveis" to 77054.

This information is available in Spanish. Call our toll-free number at 1-877-615-8503 to request it. Esta información está disponible en español. Llame nuestro número gratis en 1-877-615-8503 para solicitarlo.

Save the Date for Value Behavioral Health's 7th Annual Family Forum!

Broadening Our Possibilities — Hope for Tomorrow:

A Forum for Families with Children in HealthChoices

Friday, October 4, 2013

Doubletree by Hilton Monroeville

The Family Forum is free for Value Behavioral Health of PA family members and providers.

You're not going to want to miss the "Value"able information at this 7th Annual Family Forum with motivating speakers, state updates, many vendors, and the always emotional and inspirational Exceptional Parent/Caregiver Awards Ceremony. General registration will be opening soon, but in the meantime, we are accepting nominations for exceptional parents and caregivers and exhibitor registrations.

NOMINATIONS

Please nominate an exceptional parent or caregiver in your county* today. Click on the links below for more information and the nomination form.

[Nomination Form](#)

[Nomination Information](#)



EXHIBITORS

Would you like to exhibit at this year's forum? Click on the link below for the registration form.

[Exhibitor Registration](#)



*HealthChoices' family members living in Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington and Westmoreland Counties are eligible. Crawford, Mercer and Venango County HealthChoices' family members will have the opportunity to be nominated during other regionally held VBH-PA forums in 2013.

Welcome

Debra Sheffler started on July 16 as a Claims Processor in the Claims Department.

Employees on the Move

Dennis Cummings was promoted to **Quality Manager** as of April.

Lily Adams was promoted to **Claims Processor II** as of May.

Susan Smith was promoted to **Contract Development Specialist** as of June.

Kim Tzoulis was promoted to **Provider Field Coordinator, Special Projects**, as of July.



Fall 2013 WPIC Videoconference Series

VBH-PA is pleased to announce that our service center will once again be a videoconferencing site for the WPIC Office of Education and Regional Programming videoconference series. These programs are free of charge and there are NO fees for continuing education credits.

The videoconferences are held from 9:00 a.m. to 11:00 a.m. in the Walnut Room at VBH-PA's Trafford Service Center. You are invited and welcome to attend*. For CEU information, registration information, and complete descriptions of these trainings, please [click here](#).

Upcoming Videoconferences:

- **October 9**—Intrusion of Intimate Partner Violence in Mental Health Settings and Workplaces
- **November 13**—Risk Assessment of Suicide and Homicide
- **December 11**—Treatment of Juvenile Sex Offenders

Registration:

To register for these trainings, please visit the ValueOptions [Provider Trainings Web page](#). Select **Pennsylvania** from the state dropdown list (DO NOT change any of the other fields) and then click on **Select**. Scroll down the screen and put a check mark in the box next to the event(s) and then hit **Register**. Phone-in registrations will not be accepted.

Suggestions or ideas for articles that you would like to see published in *ValueAdded* can be faxed to Kim Tzoulis, *ValueAdded* Editor, at (724) 744-6363 or emailed to kimberly.tzoulis@valueoptions.com

Articles of general importance to the provider network will be considered for publication.

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***Please Note:** These videoconferences are NOT webinars. **You must be in attendance at the Trafford Service Center to view these videoconferences.**

VBH-PA is one of many sites offering this opportunity. Please [click here](#) to view all locations offering this videoconference series. To register with another location, please contact the coordinator for that site.